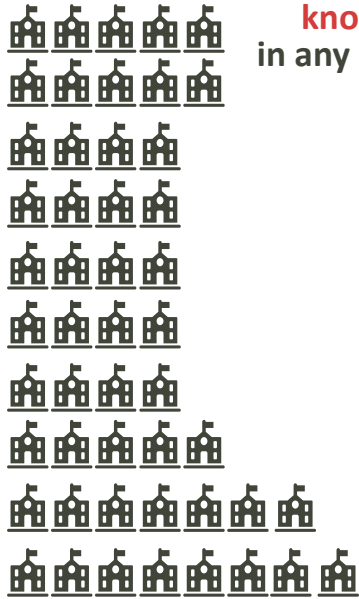


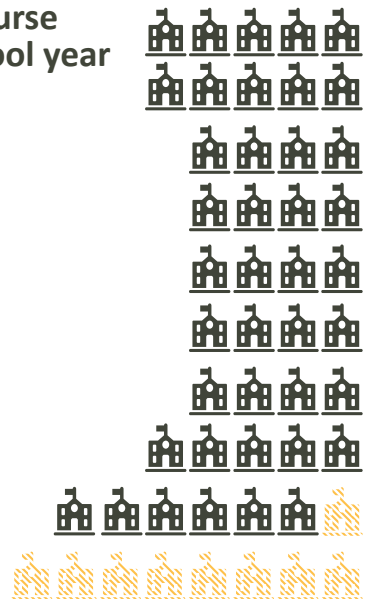
THE 2018 CDC NYS SCHOOL HEALTH PROFILE SURVEY SHARES WHAT SCHOOL HEALTH EDUCATORS SAY ABOUT

HEALTH EDUCATION

% of schools in which teachers tried to **increase student knowledge on suicide prevention** in a required course in any of grades 6 through 12 during the current school year



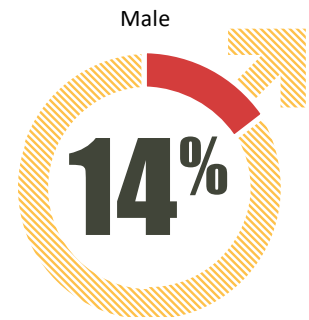
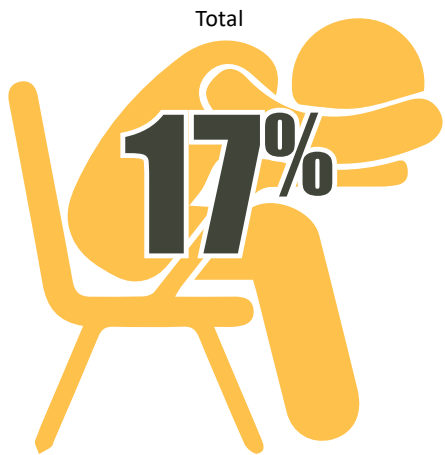
91%



THE 2019 CDC NYS YOUTH RISK BEHAVIOR SURVEY SHARES WHAT STUDENTS SAY ABOUT

UNINTENTIONAL INJURIES AND VIOLENCE

% of students who **seriously considered attempting suicide** (during the 12 months before the survey)



The information in this infographic is obtained from two CDC surveys conducted in NYS every other year. The NYS School Health Profile Survey (SHP) provides data on school policies and practices and the NYS Youth Risk Behavior Survey (YRBS) provides data on students' health risks and behaviors. They are conducted by the NYS Center for School Health in opposite years among a representative group of New York State public schools. You can learn more about these surveys on the NYSCSH website Data Reporting Page at www.schoolhealthny.com/shp.

LEARN MORE: New York State Center for School Health | WWW.SCHOOLHEALTHNY.COM | 585-617-2380



NYS ACTION STEPS FOR PREVENTION & EDUCATION

THE 2018 CDC NYS SCHOOL HEALTH PROFILE SURVEY SHARES WHAT SCHOOL HEALTH EDUCATORS SAY ABOUT

HEALTH EDUCATION

BACKGROUND: Although 91% of schools indicated they tried to increase student knowledge on suicide prevention in a required course in any of grades 6 through 12 during the current school year, 17% of students indicated on the 2019 YRBS that they seriously considered attempting suicide during the 12 months before the survey.

According to youth.gov suicide is the second leading cause of death among youth age 15-24. Approximately one out of every 15 high school students reports attempting suicide each year. For each suicide death among young people, there may be as many as 100 to 200 suicide attempts.

GOAL: Provide resources and support to enable all NYS schools to provide suicide prevention education and support risk reduction of youth suicide.

SCHOOL STAFF



Visit the [Mental Health Association of NYS \(MHANYS\) School Mental Health Resource Training Center](#) website for lesson plans and strategies to promote a climate and culture that supports mental health and wellness.

Check out the [National Suicide Prevention Resource Center](#). It provides a toolkit to assist schools in the aftermath of a suicide (or other death) in the school community.

The [Suicide Prevention Center of New York \(SPCNY\)](#) offers no cost/low cost trainings, workshops and other resources to assist schools to review current practice and policies and educate staff in appropriate response.

The [NYS Center for School Health](#) has a webpage with resources on suicide prevention for schools as well as a webinar on suicide prevention that provides CTLE for staff.

STUDENTS & FAMILIES



Visit the [National Alliance on Mental Illness \(NAMI\) Teens and Young Adults](#) website and learn why speaking up and asking for help is a sign of strength.

Visit the [National Suicide Prevention Resource Center](#) for a Fact Sheet on Suicide Prevention Resources for Parents/Guardians/Families.

The [Suicide Prevention Center of NY \(SPCNY\)](#) website provides a guideline for teens that helps young people communicate safely online about suicide.

The [NYS Office of Mental Health](#) is a great resource to help you to identify emotional health needs and obtain treatment or support for children, teens, and families.

SCAN TO



LEARN MORE

PARTNERSHIPS FOR EDUCATION



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