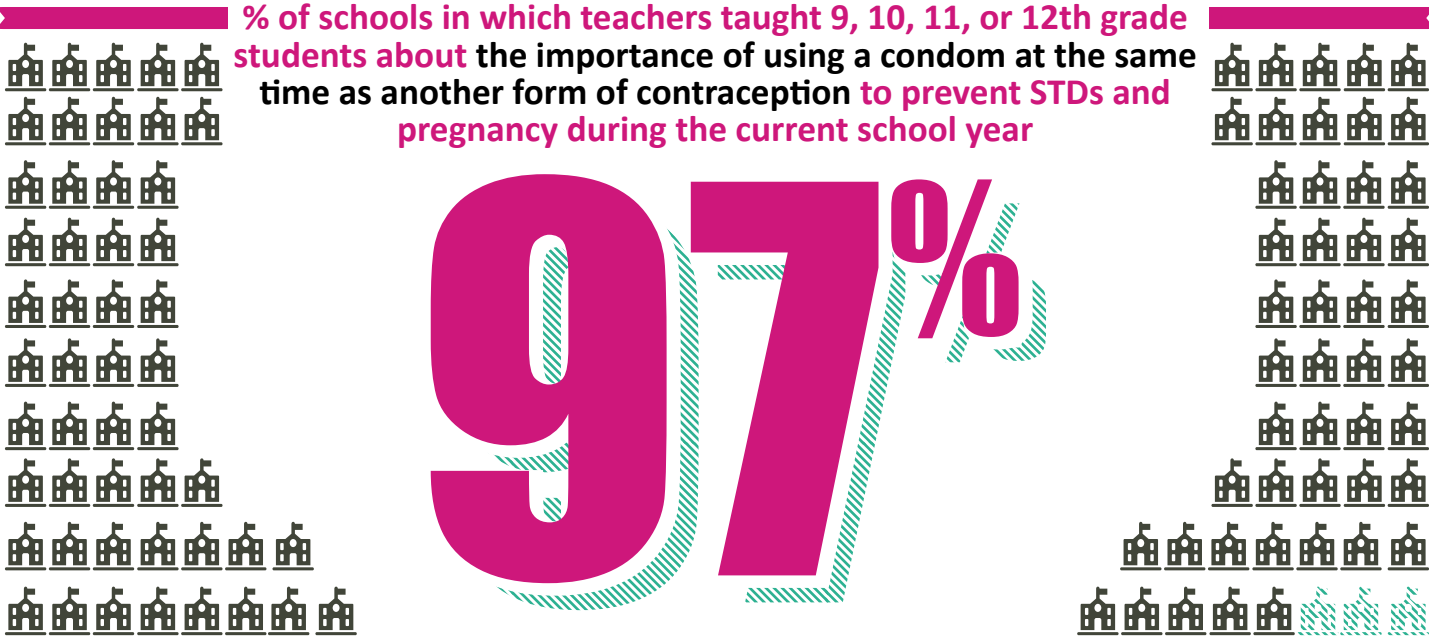


THE 2018 CDC NYS SCHOOL HEALTH PROFILE SURVEY SHARES WHAT SCHOOL HEALTH EDUCATORS SAY ABOUT

HEALTH EDUCATION

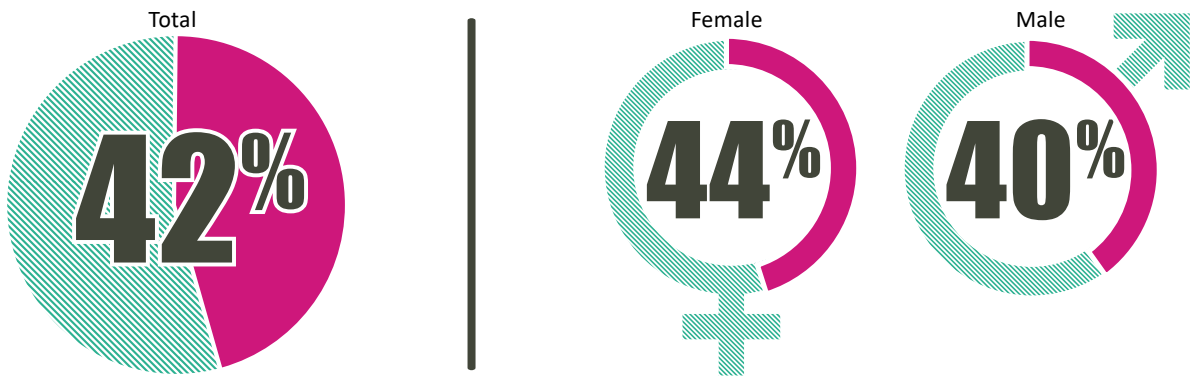


THE 2019 CDC NYS YOUTH RISK BEHAVIOR SURVEY SHARES WHAT STUDENTS SAY ABOUT

SEXUAL BEHAVIORS

ABSTINENCE IS THE ONLY 100% GUARANTEED WAY TO PREVENT STDs AND PREGNANCY

% of students who did **not use a condom** during last sexual intercourse (among students who were currently sexually active)



The information in this infographic is obtained from two CDC surveys conducted in NYS every other year. The NYS School Health Profile Survey (SHP) provides data on school policies and practices and the NYS Youth Risk Behavior Survey (YRBS) provides data on students' health risks and behaviors. They are conducted by the NYS Center for School Health in opposite years among a representative group of New York State public schools. You can learn more about these surveys on the NYSCSH website Data Reporting Page at www.schoolhealthny.com/shp.

LEARN MORE: New York State Center for School Health | WWW.SCHOOLHEALTHNY.COM | 585-617-2380



NYS ACTION STEPS FOR PREVENTION & EDUCATION

THE 2018 CDC NYS SCHOOL HEALTH PROFILE SURVEY SHARES WHAT SCHOOL HEALTH EDUCATORS SAY ABOUT

HEALTH EDUCATION

BACKGROUND: Although 97% of schools in which teachers taught 9,10,11, or 12th grade students about the importance of using a condom at the same time as another form of contraception to prevent STDs and pregnancy during the current school year, 42% of students indicated on the 2019 YRBS that they did not use a condom during last sexual intercourse (among students who were currently sexually active).

GOAL: Provide resources and support to enable all NYS schools to provide STD and pregnancy prevention education and support risk reduction of youth.

SCHOOL STAFF



Check out the [NYS Department of Health – AIDS Institute 2018 NYS Youth Sexual Health Plan](#). The plan addresses the HIV, STD, and pregnancy prevention needs of adolescents and young adults and promotes positive, healthy, and informed choices regarding sexual health.

Visit the [CDC HECAT2012 Sexual Health Module SH1.12.14](#) (grades 9-12). You will find a checklist to measure what you are currently doing against the health standards so you can look for gaps and make improvements in your curriculum.

Utilize the [NYSED 2019 Guidance for HIV/AIDS Prevention](#) to create a framework for your school district for teaching HIV/AIDS knowledge and skills which includes national, state health standards, and actionable resources from credible organizations such as the CDC, NYS Department of Health (NYSDOH), and other experts.

One of the most effective actions sexually active youth can take to reduce their risk for HIV and STD infection and unintended pregnancy is to use condoms correctly every time they have sex. Visit the [NYSCSH website](#) to learn more about Condom Availability Programs in NYS Schools.

STUDENTS & FAMILIES



Check out the CDC's fact sheet, [Information for Teens: Staying Healthy and Preventing STDs](#). While kids should talk with parents (or guardians), they might be too embarrassed. Knowing where to find accurate information online is important. This CDC fact sheet can help you learn how to stay safe.

Visit the [CDC Sexual Risk Page](#) and learn about sexual risk behaviors and how they can lead to HIV, STDs, and teen pregnancy.

Parents are always the first educators. Use the [NYSED 2019 Guidance for HIV/AIDS Prevention](#) to learn about how you can be involved in working with your school district in teaching your child about HIV/AIDS prevention education.

Parents need to talk to their kids and teens about STDs (sexually transmitted diseases). Your kids need to understand how STDs spread and how to protect themselves. Check out the Kidshealth.org guide, [Talking to Your Kids About STDs](#), and learn how to bring up the subject of STDs and key points to cover.

SCAN TO



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PARTNERSHIPS FOR EDUCATION



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