

Managing Allergies and Anaphylaxis at School Post-Test

Name _____ Date ____/____/____

Directions: Complete this post- test check your answers against slide number provided after the question. If you have not achieved 100% accuracy, review the training and take the test again. Take it to the collaborative provider or their designee. The identified trainer will teach you to administer an auto injector and review your ability to do so correctly. Once completed, your name will be placed on a list of identified trained personnel.

1. **Effective 2-27-2015, section 921 allows a willing trained staff to administer an epinephrine auto-injector to a student or staff member experiencing anaphylaxis, in the event a licensed health professional is not able to do so.** T or F (Slide 4- NYS Laws Regarding Epinephrine Auto-Injectors)
2. **An acronym to remember the signs and symptoms of anaphylaxis include which of the following?**
 - A. FAST for: Face, Airway, Stomach, and Total Body
 - B. ACTION for: Airway, Circulation, Take Action, Initiate, Observe, Notify
 - c. AED for: Auto-injector, Emergency Protocol, Documentation (Slide 12 Think FAST)
3. **An epinephrine auto-Injector (EAI), is a disposable, prefilled automatic injection device which is designed to deliver a single dose of 0.15 mg or 0.30 mg of epinephrine to someone showing signs or complaining of symptoms of anaphylaxis.** T or F (Slide 15- Epinephrine Auto-Injectors)
4. **The epinephrine auto-injectors (EAI) expiration date and appearance should be inspected prior to use. The color of the fluid inside the EAI should be:**
 - A. Transparent green
 - B. Colorless and clear (Slide 26-Epinephrine Auto-Injector (EAI) Administration Training Videos)
5. **An EAI should always be administered in the:**
 - A. Outer arm B. Outer thigh (Slide 26- Epinephrine Auto-Injector (EAI) Administration Training Videos)
6. **The correct steps to take for emergency treatment of suspected anaphylaxis are to:**
 - A. Notify the school nurse if available, follow the directives of the collaborative agreement to give EAI
 - B. Call 911 or instruct someone to do so immediately
 - C. Have student lie down, feet elevated, monitor status
 - D. Notify parents/guardians and administration
 - E. Document time, suspected allergen if known and response steps taken to activate EMS
 - F. Follow district policy for emergency transport
 - G. Report administration to collaborative provider

True or False (Slide 22- Summary of Response)
7. **The correct sequence of steps to administer an epinephrine auto-injector include:**
 - A. Have the person sit or lie down.
 - B. Check EAI unit to make sure the liquid is clear, and/or the unit has not expired.
 - C. Pull off the safety cap. Do not touch the administration end which is clearly identified.
 - D. Place the tip or end of the unit against the outer thigh at a 90 degree angle.
 - E. Press hard into the victims thigh until auto-injector mechanism clicks or a verbal prompt is heard
 - F. Hold in place for 5-10 seconds depending on the brand.
 - G. Remove EAI and massage the injection area for 3-10 seconds depending on the brand.
 - H. Discard the used auto-injector as indicated by the district plan. Do not throw away in a regular trashcan.

True or False (Slide 26- Epinephrine Auto-Injector (EAI) Administration Training Videos)