



# New York State Center for School Health

Supporting Student Success Through Health and Education



## 2024 NYSCSH School Health Seminar Crowne Plaza Albany - The Desmond Hotel Saturday, April 13, 2024



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*Every student deserves a safe and supportive learning environment. School health professionals need current, accurate, research-based information and resources to support student success.*

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### **School Nurses, Medical Directors, Health Educators, & Allied School Personnel**

#### **Please Join Us**

- Learn how to identify and respond to student needs.
- Obtain current information about NYS requirements for school health care and health education.
- Learn about resources currently available to help enhance what you do.
- Discover evidence-based models, programs, and strategies for teaching health and wellness.
- Connect and share ideas with your colleagues from districts across NYS.
- Create action plans to solve challenges in your office, classroom, school, and district.

#### **Topics Include:**

### **SUDDEN CARDIAC ARREST (SCA)**

**AND**

### **THE OPIOID EPIDEMIC**

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Monroe 2-Orleans BOCES is a NYS Education Department approved Sponsor of Continuing Teacher and Leader Education (CTLE) providing five (5) hours of CTLE credit awarded upon successful completion of the post-knowledge check, and satisfaction survey. Attendance of the entire Seminar is required.

# SEMINAR OVERVIEW & PRESENTER INFORMATION

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## SUDDEN CARDIAC ARREST (SCA) OVERVIEW

Sudden Cardiac Arrest is a medical emergency triggered by an abrupt loss of heart function. This medical emergency is triggered by an electrical disturbance in the heart that stops it from beating and pumping blood to the rest of the body. The biggest misconception about sudden cardiac death is that “it just happens” and there’s nothing you can do to stop it. The truth is that sudden cardiac death is preventable, but that doesn’t happen by chance.

In this session, attendees will be educated about preventing Sudden Cardiac Arrest (SCA) before it happens through recognition of personal risks, family history risk factors, and signs and symptoms. This session will provide an explanation and overview of SCA including signs and symptoms, conditions, and other contributing factors to SCA, and the importance of screening in athletes. This session will also review New York State Education Department (NYSED) Laws and Regulations, what schools need to know and do in relation to the Dominic Murray Act, school resources available and include time for questions and answers.

Learners will be able to:

- Define and identify signs and symptoms of sudden cardiac arrest.
- Identify risk factors of sudden cardiac arrest in youth.
- Understand the importance of family history and screening student athletes for sudden cardiac arrest.
- List school requirements related to the Dominic Murray Sudden Cardiac Arrest Act.

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## About Dr. Ronald Marino - NYSCSH Consultant Medical Director



Dr. Ron Marino is a professor of clinical pediatrics at the Icahn School of Medicine at Mount Sinai and was formerly a professor at NYU, Stony Brook, and the NY Institute of Technology. He established and currently directs the Center for School Health at Mount Sinai South Nassau which serves many school districts and private schools on Long Island N.Y. Dr. Marino is also the medical director of the N.Y. State Center for School Health. He is a member of the American Academy of Pediatrics Council on School Health.

Through his practice in General Pediatrics, Behavioral Pediatrics, and Community Pediatrics, Dr. Marino brings expertise in both medicine and education to the Center. He is a practicing clinician in the Eco Bio Developmental model, where he has provided over 30 years of teaching in various clinical faculty leadership positions and has directed a Fellowship in General Pediatrics. He has educated medical residents and graduate students in Psychosocial and General Pediatrics. He was an instructor in Health Education at the State University of New York, College at Brockport.

As a sought-after speaker, he has provided over 120 educational programs to regional, state, national, and international audiences, and has published over 100 health-related papers.

He received his B.S. in Health Education from SUNY Brockport, his M.P.H. in Human Ecology at the University of Oklahoma, Health Science Center, and his D.O in Osteopathic Medicine from Michigan State University School of Medicine, College of Osteopathic Medicine.

# SEMINAR OVERVIEW & PRESENTER INFORMATION

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## THE OPIOID EPIDEMIC OVERVIEW

The Opioid epidemic is a public health crisis caused by the misuse of prescription and illicit opioids that can lead to addiction and overdose. Opioid addiction is a chronic disease that can affect anyone. It can impair physical, mental, and social health, relationships, and work and school performance. The United States is amid an overdose crisis that's been exacerbated by an increased toxicity of the drug supply using fentanyl and other synthetic opioids. In 2021, the number of deaths in New York State (NYS) alone surged to more than 5,800 individuals – an average of nearly 16 people every day, and the number of opioid overdoses continues to increase, including in school-aged youth.

In this session, attendees will be educated about current drug trends and how the New York State Department of Health (NYSDOH) is responding. Current data on the drug supply and trends related to adolescents will be shared and will include current overdose response efforts that are being coordinated across NYS, including naloxone provision and administration. This session will also review school resources available, NYS Education Department (NYSED) Laws and Regulations, what schools need to know and do to become a registered Opioid Overdose Prevention Program, and time for questions and answers.

Learners will be able to:

- Define current drug trends.
- Identify current drug trends related to adolescent drug use.
- Identify overdose response efforts across NYS.
- Identify the options schools can choose to become a registered Opioid Overdose Prevention Program.

## About The Presenters - NYSDOH Office of Drug User Health

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### Narelle Ellendon

Narelle Ellendon is a Registered Nurse and an Opioid Program Manager with the New York State Department of Health's, (NYSDOH), Office of Drug User Health (ODUH).

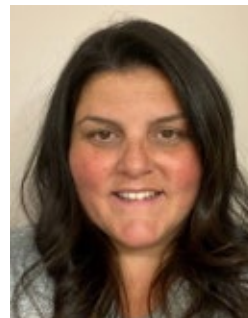


Narelle is the lead in coordinating the expansion of medication access and other overdose prevention interventions for opioid use disorders (MOUD) across the state. She is currently the Overdose Rapid Response Team Coordinator which coordinates communication to compile and analyze internal and external data sources to define and verify suspected overdose spikes and coordinate state and local rapid response activities.

Prior to working for the NYSDOH, Narelle was the Director of Capacity Building Services for the National Harm Reduction Coalition, (NHRC) overseeing their national training and capacity-building services to support the integration and expansion of drug user health interventions, including syringe access services, overdose prevention services, Hepatitis C and HIV prevention, screening, care, and treatment. Before immigrating to the U.S. 20 years ago, Narelle worked in Australia as an outreach community health nurse with the homeless, drug-using populations and as a registered nurse within correctional facilities, drug treatment, and other healthcare settings.

### Elizabeth Schady

Elizabeth Schady is an Opioid Program Manager with the New York State Department of Health's (NYSDOH), Office of Drug User Health (ODUH). Elizabeth oversees the Opioid Overdose Prevention Program, which furnishes naloxone to over 1100 registered providers statewide.



She is also the lead on the Post Overdose Response Team (PORT) based in NYC. The PORT closely partners with the NYPD providing outreach to individuals who have survived an overdose. This team is responsible for engaging with these individuals and providing them with harm reduction material and education, referrals to health services, and entitlements.

Elizabeth also oversees the Expanded Syringe Access Program (ESAP) and Harm Reduction Billing Services within the Office of Drug Users Health. Prior to working with the NYSDOH, she was the Director at Catholic Charities Care Coordination Services overseeing several programs working with chronically ill individuals, people who use drugs, people who inject drugs, and homeless individuals.



## 2024 NYSCSH School Health Seminar

### AGENDA

Saturday, April 13, 2024

Crowne Plaza Albany - The Desmond Hotel

7:30 AM – 8:00 AM	Registration - Continental Breakfast Served
8:00 AM – 8:15 AM	Welcome & Introduction
8:15 AM – 9:30 AM	Sudden Cardiac Arrest (SCA) - Part 1 NYSCSH Staff & Dr. Ron Marino – NYSCSH Medical Director
9:30 AM – 10:00 AM	Vendor Break Refreshments Served
10:00 AM – 11:15 AM	Sudden Cardiac Arrest (SCA) - Part 2 NYSCSH Staff & Panel Group (Dr. Marino, NYSCSH, & NYS Education Department (NYSED))
11:15 AM – 12:15 PM	Lunch (Included in Registration)
12:15 PM – 1:30 PM	The Opioid Epidemic - Part 1 Elizabeth Schady & Narelle Ellendon NYS Department of Health Office of Drug User Health
1:30 PM – 2:00 PM	Professional Organizations Introductions & Break Refreshments Served
2:00 PM – 3:15 PM	The Opioid Epidemic - Part 2 Elizabeth Schady & Narelle Ellendon NYS Department of Health Office of Drug User Health NYSCSH Staff & Panel Group
3:15 PM – 3:30 PM	Wrap Up Information & Adjourn

Learn more and register at [www.schoolhealthny.com](http://www.schoolhealthny.com)



## 2024 NYSCSH School Health Seminar

### REGISTRATION INFORMATION

Registration cost includes continental breakfast, lunch, and all break refreshments.

Registration closes on March 28, 2024.

Payment by check or purchase order must be received by March 28, 2024.

**Early Bird Registration \$80 until 1/26/24**

**Registration \$90 after 1/26/24**

**Registration** will be confirmed when payment is received.

**Confirmation email** will be sent to the email associated with your LMS account.

**Refunds** will be provided if cancellation is received ten days prior to the seminar date.

**Attendees** must be present for all sessions and successfully complete the post-knowledge check and satisfaction survey to receive a Certificate of Competition for Professional Development (PD) and/or CTLE credit.

#### Register online at the NYSCSH [Learning Management System \(LMS\)](#)

1. If you're new to the NYSCSH LMS, you will need to create a free account at the link above.
2. If you already have an account, please take a moment to review your profile information.
3. Once logged in to the LMS, click on the Catalog and select 2024 School Health Seminar Registration course.
4. Select the "Enroll" option in the upper right.
5. Once we've received payment (PO or check) you'll receive confirmation of your registration.

#### Hotel Accommodations:

We're pleased to be hosted by the Landmark Crowne Plaza Albany - the Desmond Hotel. Rooms have been reserved for seminar participants at the rate of \$114 plus tax per night. These special rate rooms will be held until March 22, 2024.

Click [here](#) to book your room online

Or Call the Hotel directly at 518-869-8100 and use Group CODE "SOO"

**Hotel reservations are independent and separate from this registration**

The New York State Center for School Health may take photographs or video during this seminar. They may be used in social media, print and/or electronic form or on the Center's website. Conference registration confers your permission to use your photo, video and/or name in various media forms unless you notify the Center in writing.