

NEW YORK STATE

YRBS

FREQUENTLY ASKED QUESTIONS

WHAT IS THE PURPOSE OF THE YRBS?

The YRBS collects information from NYS teens about their actions or choices that affect their health. Schools and communities use the survey information to create and improve health programs for teenagers.

WHO COMPLETES THIS SURVEY?

High school students in almost every US state participate in the YRBS survey every other year.

HOW WAS MY CLASS CHOSEN TO COMPLETE THE SURVEY?

Each participating public high school class was randomly picked to participate in the survey. All classes in your school had the same chance of being selected.

WILL ANYONE KNOW HOW I ANSWERED?

No. The survey is anonymous. It does not ask for names or other identifying information. The survey is administered in a way that protects privacy.

HOW WILL THIS SURVEY BE USED?

All of the NYS survey results are reported as a whole. The answers in the surveys help adults understand what kind of information, education, or support needs to be given to students to help them stay healthy.

The YRBS is conducted by the NYS Center for School Health for the New York State Education Department (NYSED).

For questions about the NYS YRBS, please use the following websites and email addresses or contact your school.

CONTACT US

NYS Center for School Health
nyscsh@monroe2boces.org
(585) 617-2380
www.schoolhealthny.com

NYS Education Department
Student Support Services
studentsupportservices@nysed.gov
(518) 486-6090
www.nysed.org

Information and resources provided do not constitute or infer an endorsement of specific programs by the NYSED or the State. NYSED is not responsible for the content of the individual organization's materials or external website links provided as resources.

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NEW YORK STATE YOUTH RISK BEHAVIOR SURVEY (YRBS)

STUDENT RESOURCES FOR:

- ✓ Dating Abuse
- ✓ Eating Disorders
- ✓ Homeless—Runaway Concerns
- ✓ Mental Health—Suicide
- ✓ STDs—HIV-AIDS
- ✓ Sexual Exploitation
- ✓ Substance—Drug Use
- ✓ Quitting Smoking or Vaping



RESOURCE CONNECTIONS FOR INFORMATION AND HELP ON SOME OF THE SURVEY TOPICS

Thank you for sharing your answers on the Youth Risk Behavior Survey (YRBS). We encourage you to talk to your parents or guardians about the survey.

If you or someone you care about needs help and cannot talk about it with your parents or guardians, please let a teacher, school counselor, nurse, or another trusted adult know.

COVENANT HOUSE NINELINE

Website: nineline.org

Help with homelessness, trafficking, medical and mental health care.

Resource links to Shelters, Suicide Lifeline, National Runaway Safeline, and more.

CYBERTIPLINE

Call: 1-800-THE LOST (1-800-843-5678)

Website: cybertipline.org

Report child sexual exploitation, child pornography, and child prostitution.

NATIONAL EATING DISORDERS HELPLINE

Call: 1-800-931-2237

Website and Online Chat:

nationaleatingdisorders.org

Text: NEDA to 741741

Trained counselors provide support.

NATIONAL HUMAN TRAFFICKING HOTLINE

Call: 1-888-373-7888

Website and Online Chat:

humantraffickinghotline.org

SMS: 233733 (Text "HELP" or "INFO")

24/7 confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking.

NATIONAL TEEN DATING ABUSE HELPLINE

Call: 1-866-331-9474

Website and Online Chat: loveisrespect.org

Text: loveis to 22522

Chat about relationships or dating abuse from 4 pm to midnight.

NATIONAL RUNAWAY SAFELINE

Call: 1-800-RUNAWAY (1-800-786-2929)

Website and Online Chat: 1800runaway.org

Email: available as a link on the website

Text: Under Development 11/15/2022

Trained staff available 24/7 to listen and offer non-judgmental support.

NATIONAL SUICIDE PREVENTION LIFELINE

Call: 988 or 1-800-273-TALK (1-800-273-8255)

Website and Online Chat: 988lifeline.org

Text: Got5 to 741741

Provides 24/7, free, confidential support for people in distress, suicide prevention, and crisis resources.

NYS OFFICE OF ADDICTION SERVICES AND SUPPORTS (OASAS) HOPELINE

Call: 1-877-8HOPENY (1-877-846-7369)

Text: HOPENY 467369

Website: oasas.ny.gov

Provides help to youth and adults for substance/drug use and gambling prevention, treatment, recovery, and harm reduction.

NYS STD-HIV-AIDS HOTLINE

Call: 1-800-541-2437

Call: 1-800-233-SIDA

(1-800-233-7432) Spanish

Website and Online Chat: NYAIDSLINE.ORG

Provides HIV, STD, and Hepatitis C education, risk-reduction information, and referrals.

NYS QUITLINE

Call: 1-866-NY-QUITS (1-866-697-8487)

Text: 716-309-4688

Website and Online Chat: nysmokefree.com

Provides resources and support to stop smoking or vaping.

THE TREVOR HELPLINE

Call: 1-866-4U TREVOR (1-866-488-7386)

Text: START to 678 678

Website and Online Chat: thetrevorproject.org

A crisis and suicide prevention helpline for LGBTQ youth and their families. Includes TrevorSpace to connect with an international community of LGBTQ young people ages 13-24.

**SOMETIMES IT TAKES MORE
COURAGE TO ASK FOR
HELP THAN TO ACT ALONE.**