

New York State YOUTH RISK BEHAVIOR SURVEY (YRBS) Frequently Asked Questions

What is the purpose of the YRBS?

The YRBS collects information from NYS teens about their actions or choices that affect health. The survey information is used by schools and communities to create and improve health programs for teenagers.

Who completes this survey?

High school students in almost every state in the United States take part in the YRBS survey every other year. About 1,518 students from 21 NYS public high schools completed the survey in 2019.

How was my class chosen to complete the survey? In each participating public high school, classes were randomly picked to take part in the survey. All classes in your school had the same chance of being picked.

Will anyone know how I answered?

No. The survey is anonymous, meaning no names or other identifying information is asked for. The survey is done in a way that protects your privacy.

How will this survey be used?

All of the survey results throughout NYS are grouped together. The answers in the surveys help adults understand what kind of information, education, or support needs to be given to students to help them stay healthy.

The YRBS is conducted by the NYS Center for School Health for the NYS Education Department (NYSED).

For questions about the NYS YRBS, please use the following websites and email addresses listed below or call your school.

Contacts



NYS Center for School Health
www.schoolhealthny.com
(585) 617-2380
nyscsh@monroe2boces.org



**NYS Education Department
Student Support Services**
www.nysed.org
(518) 486-6090
studentsupportservices@nysed.gov

Information and resources provided do not constitute or infer an endorsement of specific programs by the NYSED or the State. NYSED is not responsible for the content of the individual organization materials or external website links provided as resources.

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2021 NEW YORK STATE YOUTH RISK BEHAVIOR SURVEY

Student Resources for:

- ✓ Dating Abuse
- ✓ Eating Disorders
- ✓ Homeless | Runaway Concerns
- ✓ Mental Health | Suicide
- ✓ STDs | HIV/AIDS
- ✓ Sexual Exploitation
- ✓ Substance/Drug Use
- ✓ Quitting Smoking or Vaping



New York State Center for School Health
Supporting Student Success Through Health and Education

RESOURCE CONNECTIONS FOR INFORMATION AND HELP

Thank you for sharing your answers on the Youth Risk Behavior Survey.
We encourage you to talk to parents and guardians about the topics that were on the survey.

If you or someone you care about needs help with alcohol or drugs or is feeling sad and you cannot talk about it with your parents or guardians, please let a teacher, school counselor, nurse, or other trusted adult know.

Covenant House Neline

Call: **1-800-999-9999**

Website: www.neline.org

Help with homelessness, abuse, drugs, message relays & runaways.

CyberTipline

Call: **1-800-843-5678 | 800-THE-LOST**

Website: www.cybertipline.org

Report child sexual exploitation, pornography, prostitution.

National Eating Disorders Helpline

Call: **1-800 931-2237**

Text: **NEDA to 741741**

Trained counselors provide support.

National Human Trafficking Hotline

Call: **1-888-373-7888**

Text: **help** or **info** to **233733**

24/7, confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking.

National Teen Dating Abuse Helpline

Call: **1-866-331-9474**

Text: **loveis to 22522**

Website: www.loveisrespect.org

Chat about relationships or dating abuse from 4 p.m. to midnight.

National Runaway Safeline

Call: **1-800-RUNAWAY | Text: 66008**

Website: www.1800runaway.org

Crisis and reporting line for families and youth. Assists runaway, and homeless youth return home or get to a safe place.

National Suicide Prevention Lifeline

Call: **1-800-273-TALK | 1-800-273-TALK**

Text: **Got5 to 741741**

Crisis and suicide prevention helpline.

NYS Office of Addiction Services and Supports (NYS OASAS) HOPEline

Call: **1-877-8-HOPENY | Text: 467369**

Provides help for substance/drug use and gambling for youth and adults.

New York State STD | HIV | AIDS Hotline

Call: **1-800-541-2437**

Call: **800-233-SIDA** (Spanish)

Provides HIV, STD, and Hepatitis C education, information, and referrals.

NYS Quitline

Call: **1-866-NY-QUITS (1-866-697-8487)**

Website: www.nysmokefree.com

Text: **DropTheVape to 88709**

Provides resources and support to stop smoking or vaping.

The Trevor Helpline

Call: **1-866-488-7386 | 866-4-U-TREVOR**

Website: www.thetrevorproject.org

Crisis and suicide prevention helpline for LGBTQ youth and their families.

YOU MATTER!