

Sample School District or Public Library Opioid Overdose Response Guide
Place School District or Library Name Here

Responding to an Opioid Overdose Emergency

District Emergency Contact Number _____

Signs of opioid overdose

- Unresponsive/minimally responsive
- Slow breathing (<10 per minute) or not breathing, snoring with gurgling
- Body limp
- Face pale
- Lips and fingertips turn blu(ish) (cyanosis)

What to do for suspected Opioid Overdose



Check

- Assess the person for signs of overdose-not breathing, not responsive, blue nails and skin
- Stimulate the victim-shake, shout, perform sternal rub

Simultaneously Provide Care and Call 911

- Activate School Emergency Response (including AED)
- Tell the 911 operator: “the person is not breathing”
- Provide CPR/Rescue Breaths if needed
- For an unresponsive victim **GIVE NALOXONE**
- Roll the person on their side (Recovery Position)
- Monitor and support until EMS arrives
- Naloxone may be given again in 2-3 minutes if needed



Communicate and Report administration of naloxone

How to give Narcan® nasal spray for suspected Opioid Overdose

KEY STEPS TO ADMINISTERING NARCAN® NASAL SPRAY:

PEEL



Peel back the package to remove the device. Hold the device with your thumb on the bottom of the plunger and 2 fingers on the nozzle.

PLACE



Place and hold the tip of the nozzle in either nostril until your fingers touch the bottom of the patient's nose.

PRESS



Press the plunger firmly to release the dose into the patient's nose.