

Dominic Murray Sudden Cardiac Arrest (SCA) Chart for Schools

Type of Activity (Definitions)	School Responsibilities & Requirements	Requirements Prior to Participation	Type of Clearance Needed to Resume Activity
<p>1. <u>Athletic Activities</u> Athletic activities mean participation in sessions for instruction and practice in skills, attitudes, and knowledge through participation in individual, group, and team activities organized in:</p> <ul style="list-style-type: none"> • intramural, • extramural, • interschool athletic, or • inclusive athletic basis <p>to supplement regular physical education class instruction, otherwise known as extra class periods in physical education or extra class activities. [8NYCRR 136.9(b)(1)]</p>	<ul style="list-style-type: none"> • Schools must include the definition of SCA and signs and symptoms of pending or increased risk of SCA on consent forms required from a parent/guardian for a student’s participation in interscholastic sports • Schools must reference how to find SCA information on the NYSED and/or NYSDOH websites <u>or</u> include this information on the district's website if one exists. • Schools must immediately remove from athletic activity any student displaying signs and/or symptoms of pending or increased risk of SCA. 	<ul style="list-style-type: none"> • A NYS Required Health Exam form completed <u>within 30 days prior to participation.</u> <ul style="list-style-type: none"> ○ If “Family Cardiac History Reviewed” box is checked by the health care provider, the student is cleared to participate. ○ If “Family Cardiac History Reviewed” box is NOT checked, or is not on the form, treat the exam as if it was more than 30 days prior to the start of the season. Obtain a completed interval health history as noted below. • For students whose Health Exam is completed <u>more than 30 days prior to participation,</u> the following is required: <ul style="list-style-type: none"> ○ A completed Interval Health History form signed by the parent/guardian indicating there are no new personal or family risk factors since the last health exam. ○ If new personal or family risk factors are identified since the last health exam, <u>prior to participation,</u> the student must be evaluated and receive signed written authorization from a health care provider, MD, DO, NP, or PA indicating the student has been cleared to participate. 	<ul style="list-style-type: none"> • A student who is <u>removed from athletic activities</u> with signs and/or symptoms of pending or increased risk of SCA must receive signed written authorization from a NYS licensed physician (MD or DO) clearing the student to resume athletic activities. • For students attending a public school, no such student shall resume such activities until the student has also received clearance from the director of school health services to participate in such activity.

Information in this chart is based on the SCA guidance in the New York State Education Department’s [Managing Emergency Healthcare and Communicable Diseases in the School Setting](#) and [School Health Examination Guidelines for Schools](#).

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<p>2. Physical Activities Physical activities mean participation in physical education classes and recess, or similar activities during the school day. [8NYCRR 136.9(b)(2)]</p>	<ul style="list-style-type: none"> Schools must immediately <u>remove</u> from physical activities any student displaying signs and symptoms of pending SCA. 	<p>N/A</p>	<ul style="list-style-type: none"> A student who is removed from physical activities with signs and/or symptoms of pending SCA must be evaluated and receive written and signed authorization from a health care provider (MD, DO, NP, PA) to resume physical activities.

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